

LEADING THE WAY IN INNOVATION

ANNUAL REPORT 2018



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LETTER FROM THE CEO

Dear friends, colleagues and stakeholders,

This year, our 50th anniversary, we dedicated time to recognize the legacy of our impact over five decades and position ourselves for the future. The theme of this year's report – Leading the Way in Innovation – demonstrates our continued commitment to expansion through the delivery of evidence-based Addiction Medicine in increasingly innovative ways. We are proud to say in 2018 we are the largest nonprofit provider of substance use disorder treatment in the U.S., with over 70 locations across nine states.

As you read the stories of accomplishments within this report, it is my hope that you will see our commitment to our mission, quality and innovation. We have included highlights from our program expansion and pioneering service delivery, awards and recognitions, accomplishments from our alumni, our commitment to staff and our efforts to re-engage with the philanthropic community. We recognize that in order to achieve our goal of becoming the premier substance use disorder treatment provider in the nation, we must keep building strong strategic partnerships and collaborations with all of you – the people we support, work with and rely on.

In 2018, we hosted a grand celebration with over 300 people to reflect on our legacy, recognize champions of our mission and share a glimpse into our future. If you weren't able to join us, please take a moment to read about the night's celebration. It was an honor for me to host the event with our Board of Directors and welcome friends, old and new, to the Gateway Foundation family. This past year we also expanded treatment to an additional three states, California, Michigan and Florida. In states where we already had a presence, we increased our reach to new communities and added new program models, opening an additional center in Jacksonville, IL and expanding community programs into Missouri as well as Sangamon County, IL. This expansion is not only helping us increase our reach but also is allowing us to implement new ways to deliver Addiction Medicine to diverse groups in new settings.

As the world of healthcare changes, we know quality of our treatment needs to be measured in different ways. While our client satisfaction rates remain high, we invested in an independent outcomes study to assess our impact on the quality of life and abstinence rates of people we've treated. Preliminary findings indicate that our outcomes are well above the national norms in all categories. This is definitely something to be proud of, but we are not done innovating. We are moving forward at a pace in line with the changing world of healthcare and we need you alongside us to help continue saving lives.

As we close our 50th anniversary year knowing we have saved a million lives since our humble beginnings, we look to a future where we can save a million more. But we can't do it alone – so please consider getting involved with our work to address the public health epidemic that's impacting every community in America. Become our partner and join us in saving lives with Addiction Medicine.

With gratitude,

Warren Harrington Chairman Gateway Foundation Board of Directors

LETTER FROM THE CHAIRMAN

Writing this introduction to Gateway Foundation's 2018 Annual Report brings to mind the dedication and commitment from the Gateway family – board members, executive managers, leaders, clinicians, counselors and stakeholders – over these past 50 years. On behalf of the current Board of Directors, thank you to everyone involved with Gateway Foundation's work these first 50 years in treating addiction and helping innumerable individuals and the lives they touch. This celebration year has also been a stepping stone toward Gateway Foundation's future innovation and success as we embark on the next 50 years.

This last fiscal year has seen some dramatic achievements by the Gateway Foundation team and this annual report will highlight several of these. First, I would like to emphasize the care-giving team's quality and cutting-edge treatment for patients, namely Gateway Foundation's recent Dual Diagnosis Enhanced designation to treat those with co-occurring disorders. Their work is validated not only by other members of the Gateway Foundation team but by independent outside studies and analysis, which will help guide the organization's approach to Addiction Medicine.

Second, plans to grow Gateway Foundation's presence in the field became reality this past fiscal year with expansion into several new states: Michigan and Florida through the Corrections Division and California through the Community Division's affiliation with Beacon House. Finally, the Gateway Foundation team has strengthened their ability to reach out to those in need via a newly designed and enhanced website and a digital mental health tool called myStrength, which has been shared with over 10,000 clients to date. Gateway Foundation has also strengthened the processes and tools provided to counseling, administrative and management staff with a new electronic health record system.

Enjoy reading more about these and other items in the following pages. And, please, accept my thanks and admiration to all who have been involved with the unmatched success of Gateway Foundation in its first 50 years!

THE GATEWAY FOUNDATION MISSION

Gateway Foundation is a national, nonprofit organization committed to reducing substance abuse and co-occurring mental health problems through effective and efficient treatment programs.

THE GATEWAY FOUNDATION VISION

Gateway's vision is to be the nation's leading treatment provider, helping to create access through affordable, high quality healthcare for substance abuse and mental health treatment for all who need it.

Gateway Foundation's Corrections Division is a trusted nonprofit providing substance use disorder treatment and reentry services in secure and community corrections settings since 1968. Our goal is straightforward: To help clients achieve a life of sobriety, free from drug use and symptoms of mental illness, that is productive, socially responsible and healthy. We currently operate drug and alcohol treatment programs for men, women, adolescents, special needs and dual diagnosis clients involved in a variety of correctional treatment settings such as prisons, jails, day reporting centers, community corrections and outpatient programs. We have a history of providing programs that dramatically reduce recidivism and successfully reintegrate offenders into communities as productive citizens, and we do so in a manner that saves money for the jurisdictions we serve.

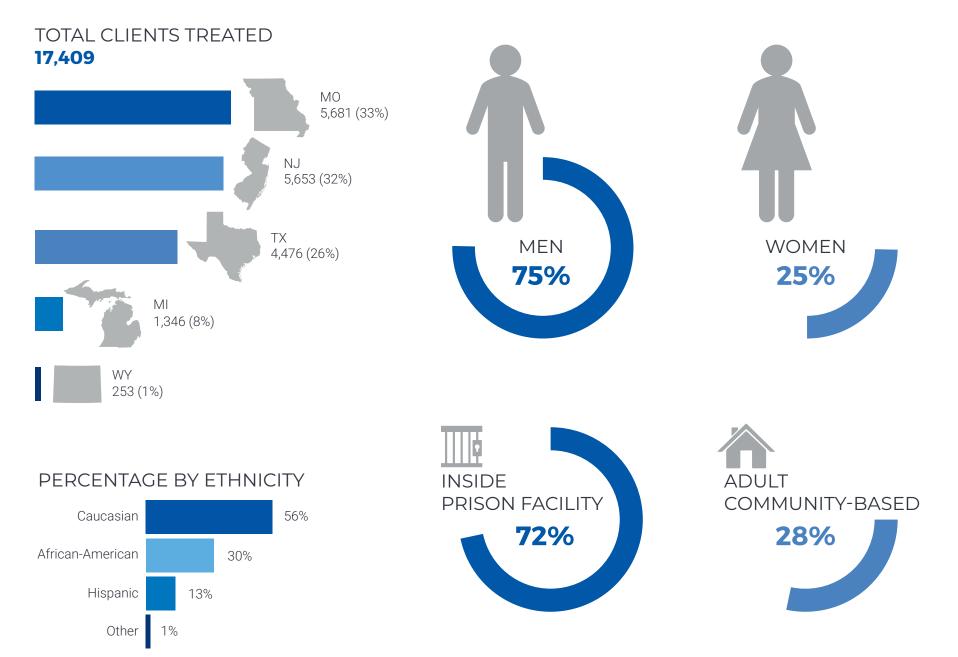
Gateway Foundation's substance use disorder treatment approach is based on decades of experience, evidence-based and best practices, training and research. Services are gender-responsive and trauma-informed.

> Mindfulness-Based Recovery Matrix Model Medication-Assisted Treatment Veterans' Programming Peer Recovery Support Services Case Management Relapse Prevention

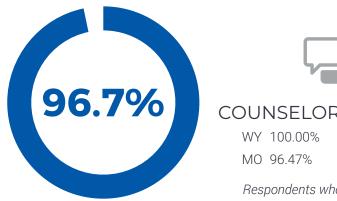
Re-Entry Services Self-Help Programs Drinking/Driving Intervention Programs Job Readiness Training Electronic Monitoring Community Corrections Supervision and Facility Management

In-Custody Outpatient Treatment Therapeutic Communities Cognitive Behavioral Treatment/Cognitive Self-Change Co-Occurring Treatment Motivational Interviewing Trauma-Informed Care and Trauma Interventions Dialectical Behavior Therapy

2018 DEMOGRAPHICS



CLIENT ENGAGEMENT & SATISFACTION



COUNSELOR RAPPORT

NJ 95.61% TX 94.56%

Respondents who felt a positive therapeutic alliance with their counselor





PEER SUPPORT

WY 97.50% TX 83.19% MO 90.29% NJ 82.41%

Respondents who felt supported by their peers



TREATMENT PARTICIPATION

WY 100.00% TX 98.41% MO 98.95% NJ 94.63%

Respondents who felt engaged in their treatment





WY 99.28% MO 90.20% NJ 94.92% TX 84.51%

Respondents who felt satisfied with their treatment

CONTINUED GROWTH & INNOVATION: EXPANDING OUR REACH

In FY2018, we saw extensive growth across the entire Gateway Foundation organization. We are delivering new evidence-based Addiction Medicine to more people in more places every day. We can proudly share that we are touching communities across nine states.

In our Corrections Division, we reached two new states and expanded our footprint in three others, adding nearly 4,000 clients.

Through these contract awards, affiliations and acquisitions, Gateway Foundation now serves over 9,000 people a day. Allow us to highlight some significant new relationships and affiliations which make us the largest nonprofit provider of substance use disorder treatment in the country.

WYOMING

Gateway is the contracted substance use disorder treatment provider for Residential Treatment programs in the **Wyoming Department of Corrections (WDOC)**. In July 2018, we proudly accepted an award to expand services to include outpatient and intensive outpatient substance use disorder treatment services for male and female offenders. Outpatient and intensive outpatient services are now being offered at all five WDOC facilities. Under this new contract, we have the opportunity to reach an additional 300 clients a year.

OVER

8,000 PEOPLE A DAY ARE NOW SERVED BY GATEWAY CORRECTIONS.

TEXAS

Continuing our expansion in Community Corrections, Gateway was proud to be awarded a contract with the **Travis County Community Supervision and Corrections Department** (Austin, TX) to provide facility operations and client supervision for its 100-bed Substance Abuse Treatment Facility. This facility serves both men and women on felony or misdemeanor probation. Gateway provides all services necessary for resident supervision and facility operation of the program such as medical, food and commissary.

MICHIGAN

Gateway began to provide substance use disorder treatment services for the **Michigan Department of Corrections** in February 2018. We provide in-custody substance use disorder treatment services in eight institutions throughout the state. Outpatient programs are delivered within the state correctional facilities across the Upper Peninsula. In the Lower Peninsula, Gateway administers Outpatient Treatment for women at Women's Huron Valley Correctional Facility and Residential Treatment for men at the Detroit Reentry Center.

NEW JERSEY

Since October 2002, Gateway has provided in-custody substance use disorder treatment services for the **New Jersey Department of Corrections**. Gateway provides assessments, multiple levels of care and psychoeducational programming for men and women throughout the NJDOC system.

MISSOURI

Adding to our footprint for the **Missouri Department of Corrections**, Gateway was honored to be awarded a pre- and postrelease case management contract in September 2017. Gateway serves over 500 incarcerated men with pre- and postrelease reentry services. Under this innovative approach, services begin while the client is incarcerated and follow them upon release to four identified regions of the state. Using information from the pre-release assessment, reentry specialists identify reentry issues and develop approaches and linkages to address client needs and also act as liaisons for clients.

FLORIDA

In July 2018, Gateway entered into a contract with the **Florida Department** of **Corrections** to provide in-custody treatment services to more than 2,000 individuals across 12 institutions. The programs include gender-specific, evidence-based and best-practice methodologies, assessments and curricula for both women and men.

GIVING BACK IN RECOVERY

At Ozark Correctional Center in Missouri, Gateway Foundation clients and staff planted a Recovery Garden in 2014. Two-hundred and fifty men have worked in the garden learning not just horticulture skills but also the importance of giving back in recovery. Joe Chitwood, a Gateway Foundation counselor, has been overseeing the garden for the past four years and will be passing the torch to another team member this year. Joe's leadership in maintaining the garden along with the clients' hard work has produced more than 8,000 pounds of food this year for local food pantries and shelters for single mothers. In the past four years, the garden has produced in excess of 24,000 pounds of food for these charities.

The Recovery Garden helps both the community and our clients. Contributing time and energy to helping others can assuage guilt or shame from hurting a community or loved ones during addiction and can build self-esteem and reinforce prosocial attitudes. We are very thankful to Joe for his work tending the Recovery Garden and look forward to its continued bountiful yield!

"Joe lives the Gateway values every day in his work and commitment to our clients. Having overcome addiction and incarceration himself, Joe provides the clients a living model of what can be. In addition to his work for Gateway, Joe dedicates additional hours each week as a Department of Corrections volunteer, providing self-help groups, chapel services and post-release assistance through a local church organization. Joe truly represents the best of us and expresses a commitment to our mission and to the men we serve that inspires us all. I have spoken to Joe many times about his dedication. In his humble way, Joe responds to my praise by simply saying, 'Whatever it takes.'"

DUANE CUMMINS OZARK CORRECTIONAL CENTER PROGRAM DIRECTOR

MORE THAN 24,000 POUNDS OF FOOD DONATIONS

SINCE 2014

EPICC: GATEWAY FOUNDATION RESPONDS TO THE OPIOID EPIDEMIC

In partnership with several behavioral health providers and hospital systems, and through funding by the Missouri Department of Mental Health, Gateway Foundation's Missouri team is participating in a project to address opioid mortality rates and increase access to treatment. Engaging Patients in Care Coordination (EPICC) connects individuals who have overdosed on opioids to long-term outpatient care and, when appropriate, Medication-Assisted Treatments. Broadly, the goal of the EPICC project is to link individuals at a crisis point to community-based care via peer outreach initiated in the hospital. The EPICC model relies on rapid, in-person response to referred individuals to build rapport and foster engagement, ultimately leading to treatment.

Gateway Foundation employs two recovery coaches for this project. Recovery coaches are individuals with lived experience who provide intensive outreach and support after a client has received treatment for an opioid overdose. Recovery coaches are dispatched through Behavioral Health Response's 24/7 call center and establish immediate relationships to substance use disorder treatment and Medication-Assisted Treatment services. Recovery coaches also provide overdose education and Narcan distribution to individuals with whom they are working as well as family or friends. Additionally, Gateway Foundation employs one clinical coordinator who supervises all 11 recovery coaches employed under this project.

EPICC currently serves patients from 14 hospitals in seven counties. In Fiscal Year 2018, there were 1,305 referrals to EPICC; 96 percent of all referrals met with a recovery coach. Gateway received nearly 20 percent of all referrals.

As we learn from emerging data, practices are being updated to reflect the realities of individual responses to opioid overdose. We hope to be able to reach even more people in need of life-saving treatment through this enhancement!

LOOKING FORWARD, LOOKING BACK: OUR 50TH ANNIVERSARY CELEBRATION

October 29th marked Gateway Foundation Day in the state of Illinois. We celebrated 50 years and a million lives served with over 300 guests – including Illinois Supreme Court Justice Anne M. Burke, our honorary event chair; emcee Rob Johnson, CBS 2 Chicago anchor; and a host of alumni and supporters at Venue West in Chicago. We looked back at our legacy and forward to the future of our work in Addiction Medicine, taking action toward that future: Together, we raised nearly \$150,000 to increase access to quality treatment and support for our alumni program.

Former Gateway Foundation President and CEO Michael Darcy spoke to our longstanding history of serving those with substance use disorders, regardless of their circumstance. Alumnus Raymond Law, with three decades of sobriety behind him, presented the power of our treatment programs to transform lives. Current President and CEO Tom Britton recognized the day-to-day work of our Administration, Community and Corrections Divisions while urging all guests to consider their everyday impact on our community's epidemic of addiction.

We had much to celebrate this year, but we are in an unprecedented public health crisis.

Michael Darcy (right), our legacy CEO, built a strong foundation for CEO Tom Britton (left) to lead us into the future

Gateway Foundation delivers treatment to over 9,000 people a day, but in 2017 alone, the Centers for Disease Control and Prevention reported over 72,000 overdose deaths. It is only through our supporters that Gateway Foundation can continue to rebuild and restore more lives through treatment and aftercare support. As Justice Burke said, "Alone, we are limited to who we can save. But together, our reach is greater." We hope to see you at our next event.

A special thank you to the alumni who bravely shared their stories and everyone who contributed at this year's event, in addition to our generous sponsors: our Executive Management Team and Board of Directors, Perkins Coie, Treatment Alternatives for Safe Communities, Illinicare Health, McDermott Will & Emory, Netsmart, Popovits Law Group, RSM, Elizabeth Ogilvie Simer & Timothy Simer, Ammon Labs, ComEd, Mr. & Mrs. Michael Darcy, Mr. Jonathan Linas & Mrs. Tanya Nair, Loyola Medicine, MADO Healthcare, Marquette Associates, Dr. Roueen Rafeyan, SterlingRisk Insurance, Linda & Richard Price, Symetria Recovery, Teva Pharmaceutical Industries



Raymond Law, Gateway Foundation alumnus and keynote speaker



Illinois Supreme Court Justice Anne Burke, Chair of our 50th Anniversary Celebration



CBS 2 anchor Rob Johnson, emcee of our 50th Anniversary Celebration



(I-r) CEO of Cook County Health and Hospital System John Jay Shannon, MD, and Tom Britton



Board member Elizabeth Simer of the Ogilvie family, one of our greatest supporters from the past and present





Executive Director Kerry Henry (center) with (I-r) Program Directors Gina Howard and Karen Harrold



Jam Alker, musical guest who shares his own story of recovery from drug addiction through his original music

Christine Alfano Program Director Mid-State Correctional Facility

GATEWAY STAFF PROFILE

Christine Alfano is the program director for Mid-State Correctional Facility, the first fully dedicated substance use disorder (SUD) treatment program in New Jersey's prison system. The program serves up to nearly 700 men daily and offers four distinct levels of care. Christine began her career with Gateway Foundation in 2013 as a clinical supervisor at Garden State Youth Correctional Facility in New Jersey.

Christine is a Licensed Professional Counselor (LPC), Licensed Clinical Alcohol and Drug Counselor (LCADC), Nationally Certified Counselor (NCC) and crisis management professional. She has extensive experience in all levels of care for substance use disorder treatment. She has managed clinical teams of over 50 and has worked alongside a multidisciplinary management team of psychiatric and medical professionals. She is proficient in the treatment of physical, emotional and sexual abuse as well as family therapy, group counseling and individual counseling in both public and correctional settings.

WHAT DO YOU LOVE ABOUT THE WORK YOU DO?

I knew I wanted to be a therapist since I was young, although I never saw myself in the prison system. The thought of assisting people in their time of need and being a judgmentfree, safe sounding board has always been my passion. I have seen those in their moment of crisis through their path into recovery and individual freedom. I can lay my head on my pillow at night (although some nights it's a struggle from the depth of what I have heard) and can say that I have made the difference in a life today. What career could be more rewarding?

Actually, when I went to school I never even had considered this field. I fell into it very early on as I needed a place to intern for school. That was 25 years ago. I started as a naive intern and never left. I fell into corrections in a similar fashion. Due to an unexpected life change and a need to have a new challenge, I applied to Gateway. Once I got past the unique working environment, I quickly saw the intense needs of our population - those who made poor choices in life but have a desire to better themselves and give back to society. Those who have been cast away by many. Those who want to learn to be better sons, husbands and fathers but who do not know where to start. Ours is one of the most misunderstood and in-need populations. *Even if we help just one person, we made one life better. How could one not love what we do*?

WHAT DO YOU SEE AS THE VALUE OF IN-PRISON SUD TREATMENT?

The in-prison SUD treatment program is a testament and monument to how far we have come in looking at the offender population. Many people believe that those who are incarcerated should be "locked up and the key thrown away" or "out of sight, out of mind." Those incarcerated will serve their debt to society and will return to the public one day. Those I see coming into the program are souls who have lost their way from who they really are due to their substance use disorders. These are your children, spouses and neighbors. The program affords these men the opportunity to address the very issues that facilitated their drug-criminal lifestyles. The program looks to rehabilitate the person in their entirety. We address their SUD issues, medical, mental health, aftercare, employment and educational needs all in one comprehensive place. We are showing these men that they are worth fighting for. We are providing hope where many have none. We are listening, caring and challenging them - returning them to society with a chance at the life they so desire and deserve but did not know how to obtain without mood-altering substances.

Gateway Foundation is very fortunate to have Christine's passion, expertise and leadership. We recognize her outstanding contributions to the program, clients, staff and organization. Thank you, Christine, for your service and for your commitment to rebuilding lives!

LEADING THROUGH CHANGE

Gateway Foundation has spent five decades innovating Addiction Medicine and shaping leaders and trailblazers in the field. In this time, we have also expanded to a nation-wide footprint, touching lives in over 70 different communities. While this is exciting, it also poses challenges and opportunities to develop both a diverse and united leadership team – one that understands the efficacy of our product and the unique needs and perspectives of the highly diverse environments where we work. We know building such a team requires our investment. For this reason, our Executive Management Team dedicated time and energy into the first annual agency-wide Leadership Conference, themed Leading through Change.

As part of Gateway Foundation's 50th Anniversary Celebration, leaders from across the organization came together for the conference on October 30th to support and learn from each other as we move the organization forward. With future growth and change still on the horizon, Gateway Foundation leaders play a key role in motivating, managing and supporting the workforce that will forge ahead into the future.

External experts and interactive breakout sessions at the conference encouraged participants to think differently about change and how to best lead their teams through challenges as our organization evolves. The conference also provided participants a rare opportunity to come together as a team to collaborate and connect to the organization as it stands today – 1,400 people strong.



BROADCASTING HOPE & INNOVATION

A new media project in FY2018, Clinical Director of Gateway Foundation's Chicago programs Gilbert Lichstein, LCPC, and Dr. Jonathan Adelstein of Northwestern Medicine Center host a podcast that discusses topics about substance use and mental health issues. Based on a quote by Leonard Cohen, "The Crack in Everything" podcast invites experts from the field of Addiction Medicine to shed light on innovation, success and hope in behavioral health treatment.

Listen in, review and rate the show at **Soundcloud.com/TheCrackinEverythingPodcast** or on iTunes, Google Play or Stitcher. To suggest future topics or guests, contact marketing@gatewayfoundation.org.



THE VOICES OF RECOVERY

"Thanks to you all, I'll be here to watch my new son grow. Thanks for the tough truth and for your patience with me when I was in the program. Please never give up on us! Recovery is so worth it!"

"Been two years since I left there, and wanted you to know it's still working. I'm doing good. Always remember you all in my prayers of thanks."

"One day at a time, I am making it to a new sunrise, sober and free. Thank you for all you do and keep doing it! You can't possibly know the difference you make."

"There is help here if you have an open mind. People here are willing to help you. I like the structure, it's good for me."

"I was at an all-time low, and I saw how happy the coach who came to see me was. I was ready to give anything a try and I feel like that spark of hope saved my life. It's a miracle program."

"This is a life-changing program. You have to take the advice that's given and be willing to change."

GIVING TO GATEWAY FOUNDATION

In the past 50 years at Gateway Foundation, we've utilized evidence-based practices to serve over one million patients, but there are still thousands in need. Today the leading cause of death for Americans under 50 is overdose. We are in an unprecedented public health crisis. Now more than ever, we need you to be our partners in the fight to end addiction.

Please consider helping one person begin recovery to touch countless lives:

To make a tax-deductible donation:

BY MAIL Gateway Foundation 55 E. Jackson Blvd., Suite 1500 Chicago, IL 60604

BY PHONE 312.663.1130

ONLINE Visit One.Bidpal.net/GiveGatewayFoundation



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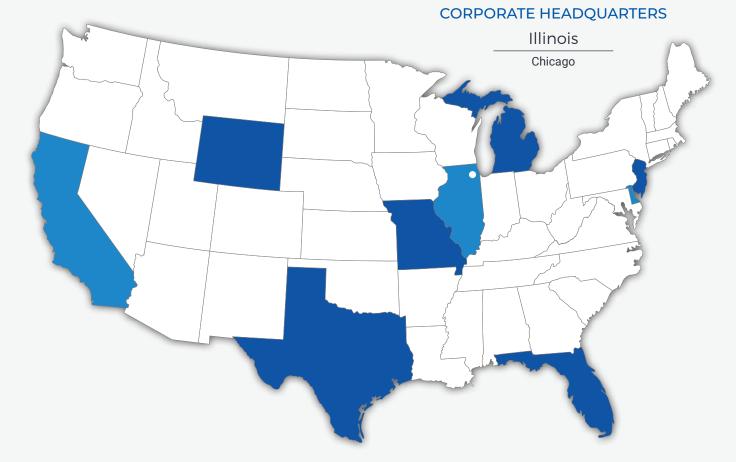
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Gateway Corrections a Division of Gateway Foundation



For more information visit GatewayCorrections.org or call 800.777.1833.

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