



# Gateway Foundation

Corrections Division

2009 Annual Report  
JULY 1, 2008-JUNE 30, 2009

*Guiding clients out of the  
criminal justice system  
and back to work*



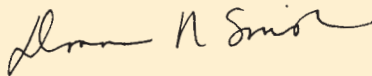
## Dear Friends & Supporters,

Since its founding in 1968, Gateway has provided effective treatment to people suffering from alcohol and other drug disorders. Gateway's treatment programs are based on evidenced based practices—programs that continuing research and assessment have shown to produce the most effective results.

Gateway has learned that many individuals seeking treatment also have co-occurring mental health issues that must be effectively addressed to achieve a successful outcome.

In 2009, Gateway's professional staff treated nearly 20,000 men and women in specialized correctional treatment facilities throughout the United States. Studies show treatment is a major factor in reducing recidivism and returning clients to a productive, alcohol and drug-free lifestyle.

As a non-profit organization, Gateway benefits immensely from the guidance of its Board of Directors: senior executives whose professional disciplines include law, human relations, medicine and marketing. It is the Gateway Foundation Board of Directors who set goals and provide oversight to achieve Gateway's mission.



Donna N. Smith, Chairman  
Gateway Foundation, Inc.  
Board of Directors



Michael Darcy, President and CEO  
Gateway Foundation, Inc.

## Our Mission

Gateway Foundation is a national, non-profit organization committed to reducing substance abuse and co-occurring mental health problems through effective and efficient treatment programs.

# The Trusted Non-Profit Leader in Substance Abuse Treatment for Correctional Settings

Gateway Foundation has been an effective leader in substance abuse treatment in correctional settings for over 40 years. Working closely with Departments of Corrections, County Sheriffs, and community agencies, Gateway delivers evidence-based programs in prisons, jails, pre-release centers, and day reporting centers. Gateway has operated single correctional treatment programs for between 50 and 1,000 participants. Treatment program settings include In-Custody Services, Jail-Based Services, Transitional/Re-Entry Services, and post-release Continued Care Outpatient Services.

In Fiscal Year 2009, Gateway operated 26 correctional treatment programs serving 8,000 people a day. Over 19,000 men and women were treated, many of them with co-occurring mental health diagnoses. Gateway staff are known for dedication to their clients and for exceeding contractual responsibilities. Gateway participates in numerous research studies, and recently completed a five-year follow up study in Texas (see chart below) which showed substantial increases in abstinence and employment as well as major reductions in recidivism rates. Gateway's programs have a 40-year record of recidivism reduction for correctional departments.

## Pioneering Special Needs Programming

Gateway analyzes inmate client needs and offers pioneering programs for specific populations, including special needs clients with

physical or mental disabilities. Gateway's special needs programs in Texas—including the men's Estelle SAFPF (Substance Abuse Felony Punishment Facility) in Huntsville, TX; the men's Jester I SAFPF in Richmond, Texas; and, the women's Hackberry SAFPF in Gatesville, TX—have won consistent praise for outstanding programming. In 2009, Gateway's quality of service was reaffirmed as these contracts were re-awarded. All are dedicated special-needs facilities whose clients present with a variety of physical and mental disabilities. With the help of Gateway's experi-

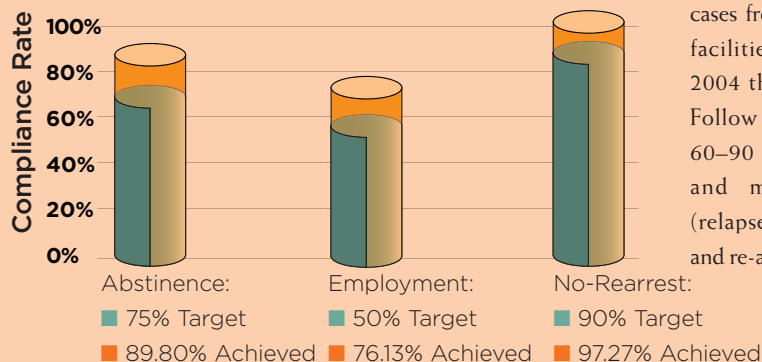


enced staff, these clients receive the specific care and support they need to continue and complete treatment.

## Leading the Way in Effective Re-entry Programming

Independent, university based research studies conducted by federal, state and local corrections authorities have shown that completing both in-custody and post-release treatment is a key factor for achieving success and reducing recidivism. Gateway has the capability of providing inmate clients with a continuum of care that begins inside institutions, and continues post-release via re-entry programs that address educational, vocational (job readiness), and life-skills needs. Gateway's programs in Cook County, Illinois include caseworkers who focus

## Follow-Up Outcome Study



Outcome data includes 18,920 cases from seven SAFPF/IPTC facilities in Texas, from July 2004 through January 2009. Follow up contact was made 60–90 days after discharge, and measures abstinence (relapse), employment status and re-arrest status (recidivism).

on finding post-release resources for continued treatment, employment counseling and safe housing in a drug and alcohol-free environment. In Texas, corrections programs are staffed with Transition Coordinators who refer all clients to continuing care providers. Regardless of location, every corrections client is provided with a pre-release continuing care plan that aids in their successful re-entry into the community.

### New Jail-based Contracts Expand Scope of Gateway Services

Two jail-based programs awarded in 2009 demonstrate Gateway's ability to deliver evidence-based treatment practices in new settings and for specialized client bases. In Illinois, the Cook County Sheriff's Office, Department of Community Supervision and Intervention (DCSI) awarded Gateway a contract to operate a men's 450-bed residential pre-release treatment center and a 200-slot outpatient day reporting center, both of which prepare clients to live drug-free and avoid re-arrest after discharge. Participants include sentenced individuals as well as those who are awaiting trial. The goal is to provide cost-effective treatment that may have a positive influence on final sentencing.

In Texas, Gateway worked with the private management company at Burnet County Jail to develop treatment services for the Texas Department of Criminal Justice. This 456-bed in-custody program provides two treatment tracks for men and women who are on proba-

tion or parole. Gateway provides substance abuse treatment for those diagnosed with dependency or abuse of substances, and an alternate intervention for those who are neither dependent on alcohol nor on drugs. For this latter group, Gateway developed a Cognitive Intervention Program (CIP) to provide interventions specific to correcting criminal behavior patterns. This program is a model that is applicable to any correctional population or setting.

These specialized programs keep clients out of the general prison population where treatment is more challenging and costly for state governments and taxpayers.

### Gateway's Internal Evaluation Protocol (IEP) Improves Quality of Care

During 2009, Gateway further implemented the Internal Evaluation Protocol across the Corrections Division. In Texas and New Jersey, nearly 10,000 Gateway clients have completed the TCU assessments at intake, and nearly two-thirds of these completed the assessments at discharge. Findings from several programs revealed that nearly all of the problems clients reported at intake (e.g., low motivation, poor psychosocial functioning, high criminal thinking)

improved to more acceptable levels by the time they were discharged from the program.

In addition to documenting client changes over time, IEP plays a significant role in treatment plan development, and is a means to identify clients at risk for unsuccessful discharge. Evaluation results demonstrate that Gateway clients who score low on motivation for treatment at intake are less likely to engage in and complete treatment than peers who report high motivation.

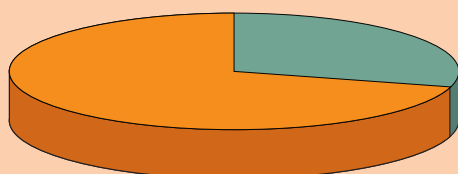
As a result, many Gateway programs now identify these less motivated clients and provide them with motivational enhancement interventions as a way to "adapt" treatment to better meet the needs of these clients.

The IEP data collection process also serves as an essential component of TCU's Disease Risk Reduction and Criminal Justice Drug Abuse Treatment Studies (CJDATS) research projects, both funded by the National Institute of Drug Abuse.

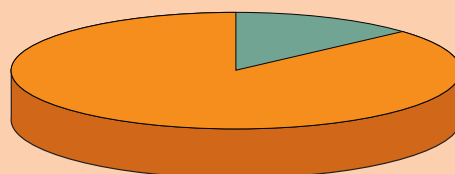


## FY 2009 Corrections Client Demographics

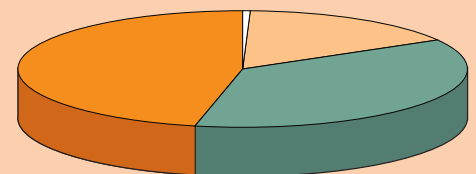
### Inpatient/Outpatient



### Male/Female



### Ethnicity





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**Kathleen B. Walgreen**

**Judge Nicholas Zagone**

*\*In Memoriam*

*Clients pictured in this report are models or staff members and illustrate the wide spectrum of clients served by Gateway.*

## Executive Staff

**Michael Darcy**  
President & CEO

**Nick Gantes**  
Vice President, Community Services Division

**Michael Giniger**  
Vice President, Corrections Division

**Martha Yount**  
Vice President, Human Resources

**George Vargas**  
Vice President, Finance

**Daniel Molitor**  
Vice President, Information Services

## Program Sites

### Corrections Division

#### Illinois

##### CHICAGO

Cook County Sheriff's Office  
—Pre-Release Center  
—Day Reporting Center

#### Missouri

##### BOWLING GREEN

Northeastern Correctional Center

##### FORDLAND

Ozark Correctional Center

##### MARYVILLE

Maryville Treatment Center

##### ST. LOUIS

Free & Clean Outpatient  
Partnership for Community Restoration

##### VANDALIA

Women's Eastern Reception & Diagnostic  
Correctional Center (WERDCC)

#### New Jersey

##### ANNANDALE

Mountainview Youth CF  
Mountainview CFII FMU

##### BRIDGETON

South Woods State Prison

##### CLINTON

Edna Mahan CF

##### DELMONT

Southern State CF

##### NEWARK

Northern State Prison

##### YARDVILLE

Garden State CF

#### Texas

##### BRECKENRIDGE

Walker Sayle SAFPF\*

##### Brownwood

Havins IPTC

##### BURNET

Ellen Halbert SAFPF\*  
Burnet County Jail SAFPF, IPTC, ISF, CIP

##### DALLAS

Transitional Treatment Center—  
Residential and Outpatient

##### GATESVILLE

Hackberry SAFPF

##### HONDO

Ney IPTC

##### HOUSTON

South Texas ISF

##### HUNTSVILLE

Estelle SAFPF

##### KYLE

Kyle IPTC\*

##### RICHMOND

Jester I SAFPF

##### SAN DIEGO

Glossbrenner SAFPF\*

#### KEY

*CF=Correctional Facility*  
*IPTC = In-Prison Therapeutic Community*  
*ISF = Intermediate Sanction Facility*  
*SAFPF = Substance Abuse Felony*  
*Punishment Facility*  
*CIP = Cognitive Intervention Program*  
*FMU = Full Minimum Unit*

*\*through August 31, 2009*



# Gateway Foundation

## Answers to Addiction

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Chicago, Illinois 60604  
800-777-1833 • fax 312-663-0504  
[www.gatewaycorrections.org](http://www.gatewaycorrections.org)